Stanford Children's Health

Patient Name/Date of Birth: _____

Well Baby Check: 1 month visit questionnaire

Interval History:

Has your baby had any major illnesses, ER or Urgent Care trips since your last appointment in the office?	No	Yes	
Did your baby pass the hearing test done in the hospital?	Yes	No	Unsure
Did your baby have a Newborn Screen done in the hospital (test where blood is taken from the heel)?	Yes	No	Unsure

Development:

Does your baby regard your face (starting to focus with his/her eyes)?	Yes	No	
Does your baby respond to voices or sounds?	Yes	No	
Does your baby move both arms and legs equally?	Yes	No	
Do you have any concerns about how your baby sees or hears?	No	Yes	
Does your baby lift his/her head when lying on his/her tummy?	Yes	No	

Staying Healthy/Safety/Dental Health/Tobacco Exposure:

Does your home have a working smoke detector?	Yes	No	
Have you turned your water temperature down to low-warm (less than 120 degrees)?	Yes	No	N/A
Does your home have the number of the Poison Control Center (800-222-1222) posted by your phone?	Yes	No	
Do you always put your baby to sleep on her/his back?	Yes	No	
Do you always stay with your baby when she/he is in the bathtub?	Yes	No	
Do you always place your baby in a rear-facing car seat in the back seat?	Yes	No	
Is your car seat the right one for the age and size of your baby?	Yes	No	
Does your baby spend time with anyone who smokes?	No	Yes	

Parental Support:

During the past 2 weeks, how often have you been bothered by the following problems:

Feeling down, depressed, irritable, or hopeless?

[Not at all] [Several days] [More than half the days] [Nearly every day]

Little interest or pleasure in doing things?

[Not at all] [Several days] [More than half the days] [Nearly every day]

Tuberculosis Screening:

Has a family member or contact had tuberculosis or a positive tuberculin skin test (PPD)?	No	Yes	Unsure
Was your child born in a high risk country (countries ***other than*** the US, Canada, Australia, New Zealand or Western Europe?	No	Yes	
Has your child traveled to (***or*** had contact with people who live in a high risk country) for more than one week? (Countries ***other than*** the US, Canada, Australia, New Zealand or Western Europe)	No	Yes	

Sleep:

How many hours does your baby sleep at night?	____ hours
How many hours does your baby nap throughout the day?	____ hours

Nutrition/Physical Activity:

For Breastfeeding: How many minutes of feeding per side?	____ minutes
For formula/bottle feeding: How many ounces per feeding?	____ oz
If you are giving formula, what brand are you using?	_____
How often does your baby feed?	Every ___ hours
How many feedings in 24 hours?	____ feedings
Do you give your baby a bottle of anything except formula or breast milk?	No Yes
Do you have any concerns about your baby's feeding?	No Yes

Elimination:

Does your baby have at least 6-8 wet diapers in 24 hours?	Yes	No
Does your baby have bowel movements on a regular basis with a normal (soft/loose) consistency?	Yes	No

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Please list any medications or supplements your baby is taking, including vitamin D: _____

Who lives in the home with your baby? _____

Who provides daytime care for your child? _____

Please list any major family medical issues: _____

_____

Please list any known Allergies: _____

Do you have any concerns about your child's development, or any other concern you would like to discuss with your provider?

_____

_____

Signature: _____

Date: _____

Clinic Use Only	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
☐ Nutrition	☐	☐	☐	☐	
☐ Safety	☐	☐	☐	☐	
☐ Tobacco Exposure	☐	☐	☐	☐	
☐ Physical Activity	☐	☐	☐	☐	
☐ Dental Health	☐	☐	☐	☐	☐ **Patient Declined the SHA**
PCP's Signature		Print Name:			Date:

Ver.5-1-15